



EST.





2013

GREENHAUS

RESTAURANT + SOCIAL

BREAKFAST

 Vegetarian  Vegan

SPECIALITY OPEN OMELETTES - Till 12pm Daily

An omelette stacked with delicious, mouth-watering ingredients and served with our Greenhaus stone ground seed loaf toast and butter

Chicken, Bacon & Avocado

Grilled chicken and bacon with ripe buttery avocado, feta cheese and homemade sweet pepper and tomato sauce
Full 118 | Trim 92

Avo, Feta & Grilled Tomato

A stack of avocado, feta, grilled ripe tomato slices, basil pesto, rocket and purple onion rings
Full 110 | Trim 92

Mince & Mozzarella

Our delicious homemade mince sauce topped with melted mozzarella, rocket and purple onion rings
Full 110 | Trim 82

Grilled Bacon & Bockwurst Stack

Our delicious bockwurst and bacon strips with our delicious spicy homemade Turkish tomato and sweet pepper sauce, wilted spinach and melting mozzarella
Full 125 | Trim 95

SIGNATURE BREAKFASTS - Till 12pm Daily

We bake our own bread in small batches, using high quality stone ground flour and seeds

Bacon Benedict

Two poached eggs, crispy bacon and hollandaise sauce on a lightly toasted soft homemade round bread, served with grilled baby tomatoes on the side. A delightful breakfast choice that satisfies with every bite 92

Hummus & Basil Pesto Shakshuka

A rich, spicy shakshuka sauce topped with hummus, grilled aubergine, toasted coconut shavings, and basil pesto, served with a quartered toasted white pita on the side. A flavourful twist on a classic favourite 112

Mushroom Benedict

Experience a delectable symphony of flavours featuring 2 poached eggs with hollandaise sauce, sauteed mushrooms and wilted spinach on a lightly toasted soft homemade sourdough round bread 89

Turkish Eggs

Two eggs poached in our homemade spicy Turkish tomato and sweet pepper (shakshuka) sauce with your choice of feta or mozzarella. Served in the pan with our seed loaf toast and butter 92

Our Turkish Shakshuka is made in our kitchen from fresh ingredients using an old family recipe!

BREAKFAST EXTRAS

Mozzarella, feta, cheddar cheese +19

Hummus, ham, spring onion, grilled tomato, baked beans, egg, grilled aubergine, jalapeno, grilled corn +19

Spinach, bacon, avocado, mushrooms, basil pesto +28

Bockwurst, chicken strips, boerewors, mince +38

Sometimes our food takes a little longer to prepare. That's because everything is made and cooked from scratch to ensure what we do is healthy, nutritious and delicious

SIGNATURE BREAKFASTS - Till 12pm Daily

We bake our own bread in small batches, using high quality stone ground flour and seeds

Farmhouse Breakfast

Two eggs to your liking, with grilled bacon, boerewors (traditional beef sausage), grilled tomato, baked beans, fries, our homemade seed loaf toast, butter and jam 120

ADD MUSHROOMS TO MAKE THIS BREAKFAST A REAL WINNER +28

Scrambled Eggs

Four eggs, whipped up with fresh herbs and cream. Served with homemade seed loaf toast and butter 62

ADD MUSHROOMS +28

Egg, Bacon & Cheese Toasty

Grilled bacon, egg and mozzarella toasted in our homemade seed loaf. Served with fries 68

Starter Breakfast

Egg, bacon, grilled tomato, baked beans, toast and butter 56

Classic Breakfast

Two eggs, bacon, grilled tomato, sautéed mushrooms, toast and butter 84

Build Your Own Omelette

A folded omelette, with a dash of cream & fresh herbs, with seed loaf toast & farm butter 52

Choose your cheese:

MOZZARELLA, FETA OR CHEDDAR +19

Choose any of the breakfast extras as additional fillings

BREAKFAST & BRUNCH BOWLS - Till 12pm Daily

Scrambled Egg Bowl

Creamy scrambled eggs, grilled sweetcorn, avocado, seared cherry tomato, cheese & a little jalapeno for some zing 72

ADD TOAST & BUTTER +18

Mediterranean Falafel Bowl

A delicious bowl of Falafel balls, hummus, grilled aubergine, green olives*, chopped tomato salad, avocado and drizzled with tahini dressing 98

*Some olives may contain their pips

Strawberry & Banana Oat Bowl

Creamy oats topped with a strawberry compote, fresh banana, toasted coconut shavings & honey 58

Scrambled Egg Bowl with Bacon

Scrambled eggs, grilled bacon pieces, grilled sweetcorn, seared cherry tomato & mozzarella cheese 78

ADD TOAST & BUTTER +18

At Greenhaus, we make almost all our ingredients from scratch, avoiding additives such as preservatives and flavourings. We take great care in using only the best local ingredients. Traces of nuts and other allergens could be present in some of our food and drinks

PITA TOASTIES

With your choice of medium fries or side salad. Upsize to large fries +20

Cheese, Tomato & Basil V

Tomato, mozzarella and basil pesto 72

Bacon, Avo & Mozzarella

Bacon, fresh spring onion, mozzarella and avocado 94

Chicken Mayo

Delicious chicken mayonnaise inside a toasted white pita 82

Zingy Chicken, Mozzarella & Avo

Chicken breast strips basted with Cajun or sweet Thai chilli sauce, mozzarella and avocado 85

BAGEL BAR

Our bagels are homemade with an original bagel recipe involving a 24-hour ferment, hand shaping and boiling before baking

ADD FRIES +40 | GARDEN SALAD +30

Thai Chilli Chicken

Sweet Thai chilli chicken, avocado and melted mozzarella 69

Slow Roasted Pulled Pork

Pulled pork slow roasted for 8 hours in our tangy BBQ sauce and topped with coleslaw. Simply melts in the mouth 72

Mediterranean Feast V

Homemade hummus, grilled aubergine, avocado, greens and chilli oil drizzle 66

Bagel With Scrambled Eggs & Bacon

Homemade bagel, toasted golden and topped with creamy scrambled eggs, herbs and bacon 58

ADD AVOCADO +28

Mashed up Avo V

Ripe, creamy avocado seasoned with sea salt and cracked black pepper 54

Chicken Mayo, Avo & Bacon

Our tender chicken mayonnaise with grilled bacon and avo 72

KIDS

Crumbed Chicken Strips & Fries 69

Toasted Cheese 36

Toasted Cheese & Tomato with Fries 58

Milkshake - Chocolate/Bubblegum/Vanilla/Strawberry 40

Orange/Apple/Cranberry Juice 34

Tiny-Chino 14

Ice-cream with Choc & Caramel Sauce 38

DRINKS

COLD COFFEE

Iced Frappes (blended)

A double shot blended with chocolate and ice into a smooth & delicious iced drink

Mocha 55

White Mocha 58

Coconut 58

Caramel 58

Iced Coffees (unblended)

Vanilla Iced Latte 49

Black Iced Coffee 37

Iced Latte (unsweetened) 45

FRUIT SMOOTHIES

Strawberry Zinger

Strawberries, bananas and apple whizzed together making fruity heaven 65

Strawberry & Banana Breakfast Boost

Strawberries, banana, muesli, yoghurt and pure honey are the perfect breakfast smoothie 72

Mozambican Beach

Mango, pineapple, banana and a dash of yoghurt. Smooth and delicious 72

Peanut Butter Bomb

Banana, peanut butter & milk 65

ADD PROTEIN +38

Super Fresh

Cucumber, pineapple, apple and mint. So fresh and healthy your body will thank you 62

RAW JUICE BAR

Pressed from fresh fruit & vegetables per order

Gold Go-Go Juice

Pineapple, green apple & mint 62

Orange Flu-Fighter

Orange, carrot, lemon, honey & cinnamon 62

Red Health Juice

Beetroot, carrot, lemon, apples & ginger 62

Green Immune Booster

Spinach, celery, parsley, green apples & cucumber 62

Orange/Apple/Cranberry/Grapefruit Juice 42

(supplied)

ICED FRUIT CRUSHES

Strawberry Or Mango 56

MILKSHAKES

**Chocolate, Vanilla, Strawberry, Bubblegum
Or Coffee** 59

COLD BEVERAGES

Mineral Water

Still or Sparkling 500ml 28 | 1L 48

Hand-Crafted Iced Teas

Refreshing iced tea shaken with Rooibos brew and served with a slice of lemon and lots of ice 48

Flavours: Lemon, Peach or Morello Cherry

Sodas

Coke, Sprite, Crème Soda, Fanta, Coke Zero 32

Appetizer / Red Grapetizer 36

HOT DRINKS

Coffee

Our single origin Ugandan bean is roasted by Flat Mountain Artisan Roasters based in Cape Town

DOUBLE +8 | TRIPLE +14

Cappuccino 32

Americano 29

Café Latte 34

Macchiato 27

Flat White 38 (one size only, double shot)

Espresso 24

Decadent Coffee

DOUBLE +10 | TRIPLE +14

Mocha 37

Caramel Latte 37

Peppermint Choc Latte 40

Vanilla Latte 37

Hazelnut Latte 37

Honey Nut Latte 38

HOT CHOCOLATE

DOUBLE +8 | TRIPLE +14

Chocolate, White Chocolate, Coconut Or Caramel 38

TEA

Ceylon or **Rooibos Tea** 36

Earl Grey or **Green Tea** 40

RED ESPRESSO DELIGHTS

Red Cappuccino 42
With cinnamon and honey

MAKE IT A LARGE +8

Red Chai Latte 48

Chai Latte 38
MAKE IT A LARGE +8

Dirty Chai 46
MAKE IT A LARGE +8





EST.



2013

GREENHAUS

RESTAURANT + SOCIAL