



EST.





2013

GREENHAUS

RESTAURANT + SOCIAL

BREAKFAST

 Vegetarian  Vegan

SPECIALITY OPEN OMELETTES - Till 12:30PM Daily

An omelette stacked with delicious, mouth-watering ingredients and served with our Greenhaus stone ground seed loaf toast and butter

Chicken, Bacon & Avocado

Grilled chicken and bacon with ripe buttery avocado, feta cheese and homemade sweet pepper and tomato sauce
Full 115 | Trim 89

Avo, Feta & Grilled Tomato

A stack of avocado, feta, grilled ripe tomato slices, basil pesto, rocket and purple onion rings
Full 102 | Trim 88

Mince & Mozzarella

Our delicious homemade mince sauce topped with melted mozzarella, rocket and purple onion rings
Full 105 | Trim 78

Grilled Bacon & Bockwurst Stack

Grilled bockwurst and bacon strips with our delicious spicy homemade Turkish tomato and sweet pepper sauce, wilted spinach and melting mozzarella
Full 120 | Trim 90

SIGNATURE BREAKFASTS - Till 12:30PM Daily

We bake our own bread in small batches, using high quality stone ground flour and seeds

Bacon Benedict

Two poached eggs, crispy bacon and hollandaise sauce on a lightly toasted soft homemade round bread, served with grilled baby tomatoes on the side. A delightful breakfast choice that satisfies with every bite 92

Breakfast Wrap

A wholewheat wrap of creamy scrambled eggs, our homemade spicy tomato and sweet pepper sauce and melted cheddar cheese 66

ADD MUSHROOMS OR BACON +25

Mushroom Benedict

Experience a delectable symphony of flavours featuring 2 poached eggs with hollandaise sauce, sauteed mushrooms and wilted spinach on a lightly toasted soft homemade sourdough round bread 89

Turkish Eggs

Two eggs poached in our homemade spicy Turkish tomato and sweet pepper (shakshuka) sauce with your choice of feta or mozzarella. Served in the pan with our seed loaf toast and butter 86

Our Turkish Shakshuka is made in our kitchen from fresh ingredients using an old family recipe!

BREAKFAST EXTRAS

Mozzarella, feta or cheddar cheese +18
Basil pesto, spring onion, grilled tomato, baked beans, egg, grilled aubergine, jalapeno, grilled corn +18
Ham, spinach, bacon, avocado, hummus, mushrooms +25
Bockwurst, chicken strips, boerewors, mince +35

Sometimes our food takes a little longer to prepare. That's because everything is made and cooked from scratch to ensure what we do is healthy, nutritious and delicious

SIGNATURE BREAKFASTS - Till 12:30PM Daily

We bake our own bread in small batches, using high quality stone ground flour and seeds

Farmhouse Breakfast

Two eggs to your liking, with grilled bacon, boerewors (traditional beef sausage), grilled tomato, baked beans, fries, our homemade seed loaf toast, butter and jam 115

ADD MUSHROOMS TO MAKE THIS BREAKFAST A REAL WINNER +25

Scrambled Eggs

Four eggs, whipped up with fresh herbs and cream. Served with homemade seed loaf toast and butter 58

ADD MUSHROOMS +25

Egg, Bacon & Cheese Toasty

Grilled bacon, egg and mozzarella toasted in our homemade seed loaf. Served with fries 66

Starter Breakfast

Egg, bacon, grilled tomato, baked beans, toast and butter 52

Classic Breakfast

Two eggs, bacon, grilled tomato, sautéed mushrooms, toast and butter 79

Build Your Own Omelette

A folded omelette, with a dash of cream & fresh herbs, with seed loaf toast & farm butter 49

Choose your cheese:

MOZZARELLA, FETA OR CHEDDAR +18

Choose any of the breakfast extras as additional fillings

BREAKFAST & BRUNCH BOWLS - Till 12:30PM Daily

Scrambled Egg Bowl

Creamy scrambled eggs, grilled sweetcorn, avocado, seared cherry tomato, cheese & a little jalapeno for some zing 68

ADD TOAST & BUTTER +18

Mediterranean Falafel Bowl

A delicious bowl of Falafel balls, hummus, grilled aubergine, green olives*, chopped tomato salad, avocado and drizzled with tahini dressing 96

*Some olives may contain their pips

Strawberry & Banana Oat Bowl

Creamy oats topped with a strawberry compote, fresh banana, toasted coconut shavings & honey 55

Scrambled Egg Bowl with Bacon

Scrambled eggs, grilled bacon pieces, grilled sweetcorn, seared cherry tomato & mozzarella cheese 72

ADD TOAST & BUTTER +18

At Greenhaus, we make almost all our ingredients from scratch, avoiding additives such as preservatives and flavourings. We take great care in using only the best local ingredients. Traces of nuts and other allergens could be present in some of our food and drinks

PITA TOASTIES

With your choice of medium fries or side salad. Upsize to large fries +20

Cheese, Tomato & Basil

Tomato, mozzarella and basil pesto 68

Bacon, Avo & Mozzarella

Bacon, fresh spring onion, mozzarella and avocado 84

Chicken Mayo

Delicious chicken mayonnaise inside a toasted white pita 76

Zingy Chicken, Mozzarella & Avo

Chicken breast strips basted with Cajun or sweet Thai chilli sauce, mozzarella and avocado 78

BAGEL BAR

Our bagels are homemade with an original bagel recipe involving a 24-hour ferment, hand shaping and boiling before baking

ADD FRIES +38 | GARDEN SALAD +28

Thai Chilli Chicken

Sweet Thai chilli chicken, avocado and melted mozzarella 65

Slow Roasted Pulled Pork

Pulled pork slow roasted for 8 hours in our tangy BBQ sauce and topped with coleslaw. Simply melts in the mouth 70

Mediterranean Feast

Homemade hummus, grilled aubergine, avocado, greens and chilli oil drizzle 64

Bagel With Scrambled Eggs & Bacon

Homemade bagel, toasted golden and topped with creamy scrambled eggs, herbs and bacon 58

ADD AVOCADO +25

Mashed up Avo

Ripe, creamy avocado seasoned with sea salt and cracked black pepper 52

Chicken Mayo, Avo & Bacon

Our tender chicken mayonnaise with grilled bacon and avo 69

SALADS

Falafel Salad

Golden falafel balls (made ourselves), tossed with crisp summer greens, carrots, onion, cucumber, tomato, grilled aubergine, toasted seeds, sprouts, avocado and a drizzle of Tahini dressing 110

Cajun Chicken Salad

Grilled Cajun chicken fillet strips on a delicious array of summer greens, sliced cucumber, shaved carrots, tomato, onion slithers, feta and avocado. Then drizzled with our delicious homemade salad dressing 105

KIDS

Crumbed Chicken Strips & Fries 69

Toasted Cheese 34

Toasted Cheese & Tomato with Fries 56

Milkshake - Chocolate/Bubblegum/Vanilla/Strawberry 35

Orange/Apple/Cranberry Juice 30

Tiny-Chino 12

Ice-cream with Choc & Caramel Sauce 32

DRINKS

COLD COFFEE

Iced Frappes (blended)

A double shot blended with chocolate and ice into a smooth & delicious iced drink

Mocha 50

White Mocha 52

Coconut 52

Caramel 52

Iced Coffees (unblended)

Vanilla Iced Latte 46

Black Iced Coffee 36

Iced Latte (unsweetened) 42

FRUIT SMOOTHIES

Strawberry Zinger

Strawberries, bananas and apple whizzed together making fruity heaven 60

Strawberry & Banana Breakfast Boost

Strawberries, banana, muesli, yoghurt and pure honey are the perfect breakfast smoothie 68

Mozambican Beach

Mango, pineapple, banana and a dash of yoghurt. Smooth and delicious 69

Peanut Butter Bomb

Banana, peanut butter & milk 60

ADD PROTEIN +35

Super Fresh

Cucumber, pineapple, apple and mint. So fresh and healthy your body will thank you 59

RAW JUICE BAR

Pressed from fresh fruit & vegetables per order

Gold Go-Go Juice

Pineapple, green apple & mint 59

Orange Flu-Fighter

Orange, carrot, lemon, honey & cinnamon 59

Red Health Juice

Beetroot, carrot, lemon, apples & ginger 59

Green Immune Booster

Spinach, celery, parsley, green apples & cucumber 59

Orange/Apple/Cranberry Juice 39

(supplied)

ICED FRUIT CRUSHES

Strawberry, Summer Berries Or Mango 52

MILKSHAKES

Chocolate, Vanilla, Strawberry Or Coffee 57

COLD BEVERAGES

Mineral Water

Still or Sparkling 500ml 24 | 1L 42

Hand-Crafted Iced Teas

Refreshing iced tea shaken with Rooibos brew and served with a slice of lemon and lots of ice 42

Flavours: Lemon, Peach or Morello Cherry

Sodas

Coke, Sprite, Crème Soda, Fanta, Coke Zero 29

Appetizer / Red Grapetizer 34

HOT DRINKS

Coffee

Our single origin Ugandan bean is roasted by Flat Mountain Artisan Roasters based in Cape Town

DOUBLE +8 | TRIPLE +14

Cappuccino 30

Americano 27

Café Latte 32

Macchiato 26

Flat White 36 (one size only, double shot)

Espresso 22

Decadent Coffee

DOUBLE +10 | TRIPLE +14

Mocha 35

Caramel Latte 35

Peppermint Choc Latte 38

Vanilla Latte 35

Hazelnut Latte 35

Honey Nut Latte 36

HOT CHOCOLATE

DOUBLE +8 | TRIPLE +14

Chocolate, White Chocolate, Coconut Or Caramel 35

TEA

Ceylon or **Rooibos Tea** 34

Earl Grey or **Green Tea** 38

RED ESPRESSO DELIGHTS

Red Cappuccino 40
With cinnamon and honey

MAKE IT A LARGE +8

Red Chai Latte 45

Chai Latte 36
MAKE IT A LARGE +8

Dirty Chai 42
MAKE IT A LARGE +8





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